



LISA A RIEGEL PH.D.

LISA A. RIEGEL

SPEAKING & MEDIA KIT



SEEKING A LEADING AUTHORITY IN THE NEUROSCIENCE OF ENGAGEMENT AND SUSTAINABLE CHANGE?



Meet Dr. Lisa A. Riegel

Leadership Strategist | Educator

Creator of The NeuroWell & 8C Commitment Frameworks

Dr. Lisa A. Riegel helps leaders, schools, and organizations use neuroscience to create cultures of engagement, fulfillment, and sustainable growth. With over two decades of experience in education, leadership, and organizational strategy, Lisa bridges brain science and human systems to help people think better, connect better, and perform better—so change actually lasts.

A BIT MORE ABOUT LISA

Holds a Ph.D. in Education Policy and Leadership from The Ohio State University

Creator of the NeuroWell Framework, a brain-based approach to engagement and change

Author of NeuroWell and upcoming books The 8C Commitment Framework and Building Your Highway to Happiness, Health, and Success

Former educator and school reform consultant turned leadership strategist

Known for turning neuroscience into practical tools that help people lead and live with more fulfillment

Frequently invited to speak to educators, leadership teams, and organizations about engagement, motivation, and culture

Lives in Columbus, Ohio, and is an avid golfer and lifelong learner

Believes growth should be joyful and intentional—her family motto is “Just say yes.”

LISA

TRUSTED BY TOP COMPANIES & INDUSTRY LEADERS

School districts and education leadership organizations | Business and leadership development teams | Wellness and learning conferences



DR. LISA A. RIEGEL

PODCAST APPEARANCES

Lisa has been a featured guest on podcasts centered around:

- Leadership and organizational culture
- Neuroscience of engagement
- Education reform and learning science
- Workplace wellbeing and motivation

OCTOBER 2025

LEGACY LEADERS
PODCAST

Lisa discusses how your brain can shape reality with your understanding of biology and context.

THE BIG MEOW

“IMPROVE EMPLOYEE
RETENTION AND
PRODUCTIVITY WITH LISA
RIEGEL”

Discusses how soft-skill measurement and growth drive engagement and retention.

EDUTECHGUYS @ FETC

“THE DEVELOPMENT OF
JAKAPA”

Origins and purpose of JAKAPA, a software system Dr. Riegel developed that measures, trains, and tracks 32 critical soft skills.

APRIL 2024

“UNDERSTANDING YOUR
BRAIN AND STRESS: HOW
TO RESET A BROKEN
STRESS RESPONSE”

Practical neuroscience for educators and leaders to regulate stress and performance.

MAY 2024

“MASTERING HABITS WITH
INCENTIVES AND
REWARDS”

Live conference-floor interview on the origins and purpose of JAKAPA.

SEP 2023

NSPRA LUNCH & LEARN

“Soft Skills – The Engine for Strong Teams” – boosting communication and collaboration within schools.

MAY 2023

CREATIVITY WEBINAR

“Creativity: Why It Is Imperative for Success and the Top 10 Ways to Foster It”

MAY 2022

SOFT SKILLS WEBINAR

“Soft Skills – The Missing Piece for School Success”

DR. LISA A. RIEGEL HAS BEEN FEATURED IN

Lisa has delivered keynotes and workshops for:

- Education leadership conferences (K–12 and higher ed)
- Organizational development summits
- Teacher and administrator professional development events
- Leadership retreats and culture-building workshops

NOVEMBER 2025

COLORADO CTE PWR CONFERENCE

📍 Hosted by the Colorado
ACE/CTE Board

How brain science can help participants understand how to support students as they work with them on future planning. Details the impact of trauma and stress on wellness, decision-making, and executive functioning skills.

SEPTEMBER 2025

ASHLAND COUNTY PROFESSIONAL DEVELOPMENT DAY

📍 Tri-County ESC

Sessions included: Addressing behavior through brain science and Setting up intellectually safe instruction that increases student engagement and reduces student disengagement.

JULY 2025

CACTE DIVISION CONFERENCE

📍 Colorado Teacher
Education Consortium

Presentations included: NeuroWell: Building Wellness through Brain Science & Career Counseling using Brain Science.

2024

SOUTHEAST HOMESCHOOL EXPO

📍 Georgia International
Convention Center

Featured Speaker – Soft Skills and Student Success

DR. LISA A. RIEGEL SPEAKING TOPICS

The Neuroscience of Change: How to Make Transformation Stick

Why most change initiatives fail, and what brain science teaches us about creating engagement that lasts.

Rewiring Leadership: The Science of Engagement, Motivation, and Growth

How understanding the brain changes how we lead, connect, and inspire others to perform at their best.

From Burnout to Buy-In: Rewiring the Modern Workplace

The neuroscience behind stress, engagement, and creating conditions for people to thrive, not just survive.

Policies Shape Change, But People Make It Stick

A keynote on how real change happens when leaders shift focus from systems to the people who bring them to life.

The Human Side of Strategy: Aligning Brains, Behaviors, and Culture

How to align how people think with how organizations lead—building cultures where success flows naturally.

WAYS TO WORK WITH DR. LISA A. RIEGEL

Keynote Speaking

Conferences, leadership summits, and professional development events

Organizational Consulting

Helping schools and businesses design brain-based engagement systems

Podcast or Media Guest

Conversations on neuroscience, leadership, fulfillment, and culture

Workshops & Training

Interactive sessions on the 8C Commitment Framework and the science of engagement



WHAT PEOPLE ARE SAYING

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Dr. Riegel made us think deeper, mirror our newly gained knowledge inwardly and within our own families not just classrooms, hallways or counseling centers. Her fervor for what could be too-science heavy of a topic is electric. We were engaged, laughing, taking notes, and making plans for how to bring her to our local schools, districts and regions. NeuroWell makes us each well and we want that so to be the best we can be for the wellness of our learners.

– Lauren Jones

(Austin) NCC, CSCDA, LPCc, *MCC, Program Director for Special Populations, Counseling & Career Development

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Dr. Lisa Riegel is an expert at providing job-embedded professional development and leadership support. She shares new, powerful ideas and strategies for building human capacity and for increasing student achievement. Dr. Riegel also develops educational innovations that transform schools, homes and lives.

– Dr. Rodney Harrelson

Columbus City Schools, Office of School Improvement

WORK WITH LISA

Book a call or email me to discuss potential partnerships for speaking events, podcasts, media projects and more!

✉ lisariegel@epinstitute.net

🌐 www.lisariegel.com

Book to Speak





LISA A RIEGEL PH.D.

BE IN TOUCH!

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